



THE SILENT KILLER

Most hypertensive people do not show any symptoms or complaints, at least during the first twenty years of the disease. The first symptoms that they may exhibit don't seem serious, such as: pain in the temples?, short of breath, slight dizziness, fatigue or weakness and palpitations. These symptoms are easy to overlook.

Unfortunately, while these symptoms are being ignored, the high blood pressure is making that the blood vessels, the heart and other organs are submitted to a constant and harmful tension. A person with high blood pressure can feel perfectly fine for years and suddenly, without warning, suffer a heart attack or a stroke. For this reason, untreated arterial hypertension is frequently "the silent killer."

Control your blood pressure and you shall receive many years of good health in return.



**METRO PAVIA
HEALTH SYSTEM**
MEDICAL TOURISM

virginislands@metropaviahealth.com

St. Thomas Office:

Vitraco Mall, Building I, Bay Number 4A
Next to "Doctors on Duty" Medical Office
phone: 340-715-1190 / fax: 340-777-3268

St. Croix Office:

25 Anchor Way, Gallows Bay
(upstairs from St. Croix Bank)
phone: 340-719-6631 / fax: 340-713-0154

Puerto Rico Office:

1462 Prof. Augusto Rodríguez Street, Santurce
Toll Free: 1-866-368-6060 / 787-268-6060
phone: 787-641-1616; ext: 1671
cell: 939-642-2574 / fax: 787-727-5410

BVI Office:

(At VI Medical Clinic)
Manuel Reef Marina
Sea Cow's Bay, Tortola
phone: 284-343-5440 / fax: 284-494-0091

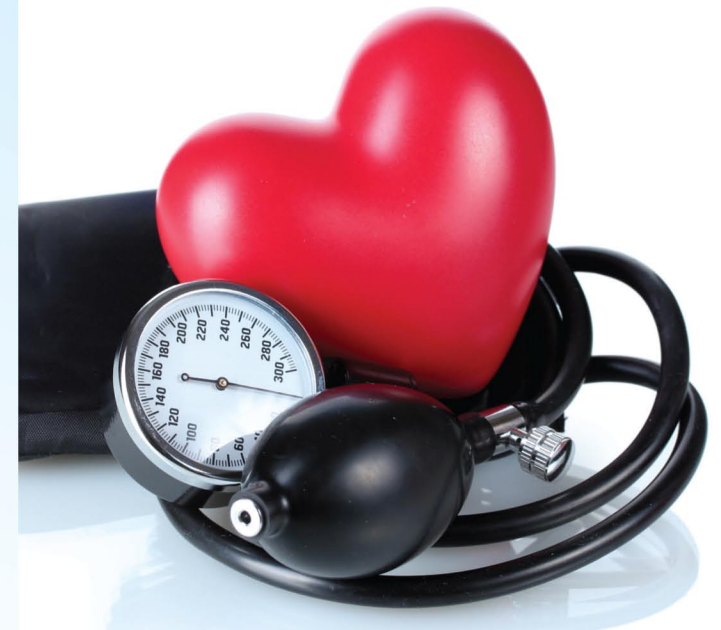
AFFILIATED TO:



**METRO PAVIA
HEALTH SYSTEM**
MEDICAL TOURISM

HYPERTENSION

Patient and Family Education



WWW.METROPAVIA.COM

